

# Naturopathic Community Center

*A non-profit center dedicated to sharing the traditional wisdoms of healing*



## NCC MEMBERSHIP DRIVE

***Sign up or renew your membership today to help us continue to provide great events and support the Natural Health Community!***

The Naturopathic Community Center has been sharing the vision of a healthier and greener world with the Mt. Pleasant community for several years now. Our efforts to be The source for natural health information and events in our community could not have been made possible without generous donations from members and supporters.

Membership fees beginning June 2010 - Annual Membership \$20, Student Membership \$5, Super Supporter \$100 (Super Membership includes 10% off products at Herbs, Etc and \$25 /Hour rental fee for events held at NCC\*) \*Room rental based on availability.

### NCC MEMBERSHIP APPLICATION

PLEASE FILL OUT THE FORM BELOW AND MAIL WITH YOUR CHECK MADE OUT TO THE

NATUROPATHIC COMMUNITY CENTER (NCC) TO:

NCC

503 E. BROADWAY ST.

MT. PLEASANT, MI 48858

MEMBER

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PLEASE CHECK ONE:

\_\_\_\_\_ ANNUAL MEMBERSHIP \$20

\_\_\_\_\_ STUDENT MEMBERSHIP \$5

\_\_\_\_\_ SUPER SUPPORTER \$100



### The NCC offers:

- \*FREE Tuesday night classes on Natural Health and Cooking
- \*Outdoor Preparedness and Life Skills classes
- \*Mini-Course Layman's Series in Natural Health
- \*Nationally Recognized Guest Speakers
- \*Continuing Education Classes
- \*Body Cleansing Clinics
- \*Student & Membership Room Rentals\*
- \*Spiritual Enlightenment Group
- \*Zen Meditation Sitting Group
- \*Holistic Moms Group
- \*Dance Classes
- \*Healthy Halloween Kid's Activities
- \*Civil War Camp for Kids

*While these events will always remain open to the public, donations are appreciated. For more information, visit our website at [www.nite-mtp.com/nccmain.htm](http://www.nite-mtp.com/nccmain.htm)*

# Layman's Courses

Saturdays, 9am to 5pm  
(one-hour lunch on your own)

*The Layman's Course is designed to give you the knowledge you need to use natural healing methods for yourself and your loved ones.*

June 12 Herbalism  
Sept. 18 Homeopathics  
October 9 Essences and Essential Oils



Pre-registration is required.

\$499 for the entire series of 6 \$89 for an individual class

Call 989-773-3636 to register.

## Dance Lessons

### Line Dance Lessons

Thursdays, 5:30-7:00pm  
\$5 per person per class

A different line dance is taught each week, combining exercise and dance.



### Social Dance Lessons

Thursdays, 7:00-8:00pm  
\$5 per person per class

All lessons are beginner level and build on patterns learned in previous weeks. It is encouraged to attend with a partner; however, it is not required.

## Alumni and Continuing Education Classes

For Natural Health Professionals, Massage Therapists, and anyone who desires to gain an in-depth understanding of natural health, the continuing education classes delve into specific areas of study.

*These classes are open to the public. Each class is \$89, and is held on from 9am to 5pm.*

*Registration and payment is preferred at least two weeks prior to the class. Register at 989-773-1714.*



**September 25- 26 - Astrology I** for the Naturopath and Natural Health Enthusiast (2 days \$178) -Laura Allmacher

**October 9 - Holistic Counseling** - Building client rapport and understanding how to find the root cause of illness.  
featuring Moshe Daniel - Author, ND, Homeopathic Master Clinician, from Canada

**November 7 - Understanding the Genetic Code** and the Minerals and Amino Acids that control it! Dr. Richard Olree

**December 11** - How to completely clear the Lymphatic System allowing injuries, wounds, and breaks to heal faster.  
The Dr. West protocol. Taught by Massage Therapist and Colon Hydro-Therapist Janet Ott.

# Civil War Camp

This year, the NCC is happy to host the 2nd annual Civil War Camp for kids on July 12-15. Union and Confederate soldiers will report to battle at 9am, on July 12th, 2010, at the NCC pavilion and activities center, just 8 miles west of Mt. Pleasant. Each soldier will receive a hat, t-shirt, haversack, ammo, and gun that is theirs to keep. Campers and tents are welcome. There is a hand water pump on site and two nice outhouses; sorry, no electric. Registration is limited to 28 soldiers and is appreciated by June 15.

**Option 1 for camp:** Day Camp—Each day bring a lunch and plenty of water. Cost is \$150 for all four days. Soldiers can be dropped off as early as 8:30am and picked up by 5:15pm.

**Option 2 for camp:** Bring a parent to camp! Parents can't be soldiers but can set up a tent and stay for the four days. Parent and soldier will be responsible for their own meals, and parents are required each evening if child is camping. Cost is \$175 for all four days.

Camp events include learning how to march, several re-enactments, capturing the opponent's flag, strategies of the civil war officers, a civil war movie, and a re-enactment on the final day for guests! Boys and girls welcome, must be 14 or under to attend. No rough housing allowed; all soldiers will act the era or be jailed!

Call 989-773-1714 to register.

## The NCC/Noah Baker Four Day Civil War Adventure Camp 2010

Soldier's Name \_\_\_\_\_ Age in July 2010 \_\_\_\_\_

Address \_\_\_\_\_

Parent's Name(s) \_\_\_\_\_ Phone \_\_\_\_\_

Make Checks payable to NCC. or Credit Card # \_\_\_\_\_ MC Visa Discover  
exp. \_\_\_\_\_ Signature \_\_\_\_\_

Camp Option 1, Day camp only: \$150 Total \_\_\_\_\_

Camp Option 2, Soldier and parent camping: \$175 Total \_\_\_\_\_

***Please register by June 15th.*** Registrations will be accepted after June 15th, but the camp may be full. Also, supplies need to be ordered and early registration would be very appreciated. Volunteers are welcome. Parents are also invited to just rest around the camp site. Civil war tents and customs are not necessary, but anything to meet the era would be welcome. The camp will be at the outdoor NCC pavilion and activities center, just 8 miles west of Mt. Pleasant. Each registered camper will receive further details about the camp in early July. Please call with questions (989)773-1714.

**Send Registrations to:** Captain Noah Baker/ Civil War Camp, 503 E. Broadway, Mt. Pleasant, MI 48858



# "Peace in the Park"ing Lot

Bring your blankets, chairs, strollers and wagons, to join us for an evening of music on June 24, 2010, for "Peace in the Park"ing lot, a peace concert featuring the vocals of Darryl Pitts.

Darryl is a voice teacher who shares his vocal talents at weddings and community musicals and now, at his first solo concert.



This concert will showcase songs that strengthen community and a sense of belonging to each other, as well as songs that will brighten our outlook on the world.

All are welcome to attend this joyful evening outside of the Herbs, Etc store. **Enjoy the Peace Concert from 7-8:30pm on Thursday, June 24th.** The event will be run by professional emcee, Adam Bearup, and is sure to be a lot of fun. A concession stand of health snacks will also be available!

This event is a fundraiser for the Naturopathic Community Center, and donations are appreciated.



The Naturopathic Community Center is a non-profit organization dedicated to teaching and sharing traditional ways of healing, and it sponsors a variety of classes, children's events, and other community events.

*If you are interested in health and love music, come share in the songs to support and strengthen our beautiful community.*

## Community Groups

### Zen Meditation

Wednesdays  
6:30-7:30pm



All levels of experience are welcome. If you are new to meditation, please arrive ten minutes early for a brief introduction. Wear comfortable clothes and bring a towel or blanket to sit on.

For more information, call Ryan at 989-486-5782 or go to [www.thedharmafarm.com](http://www.thedharmafarm.com).

### Holistic Moms

3rd Thursday  
of every month  
11am-12pm



Holistic Moms is a support and information group for parents interested in raising happy, healthy, and holistic kids in an environmentally friendly way.

For more information, contact Kathryn at 989-486-5782.

### Spiritual Enlightenment Group

Mondays (see dates below)  
6:30-8:00pm



This group meets monthly to share ideas, knowledge, and information about how to enhance our spiritual lives.

Held once a month on Mondays from 6:30 to 8:00pm at the NCC.

Dates: 5/17, 6/14, 7/12, 8/9, 10/4, 11/8, and 12/6/2010.